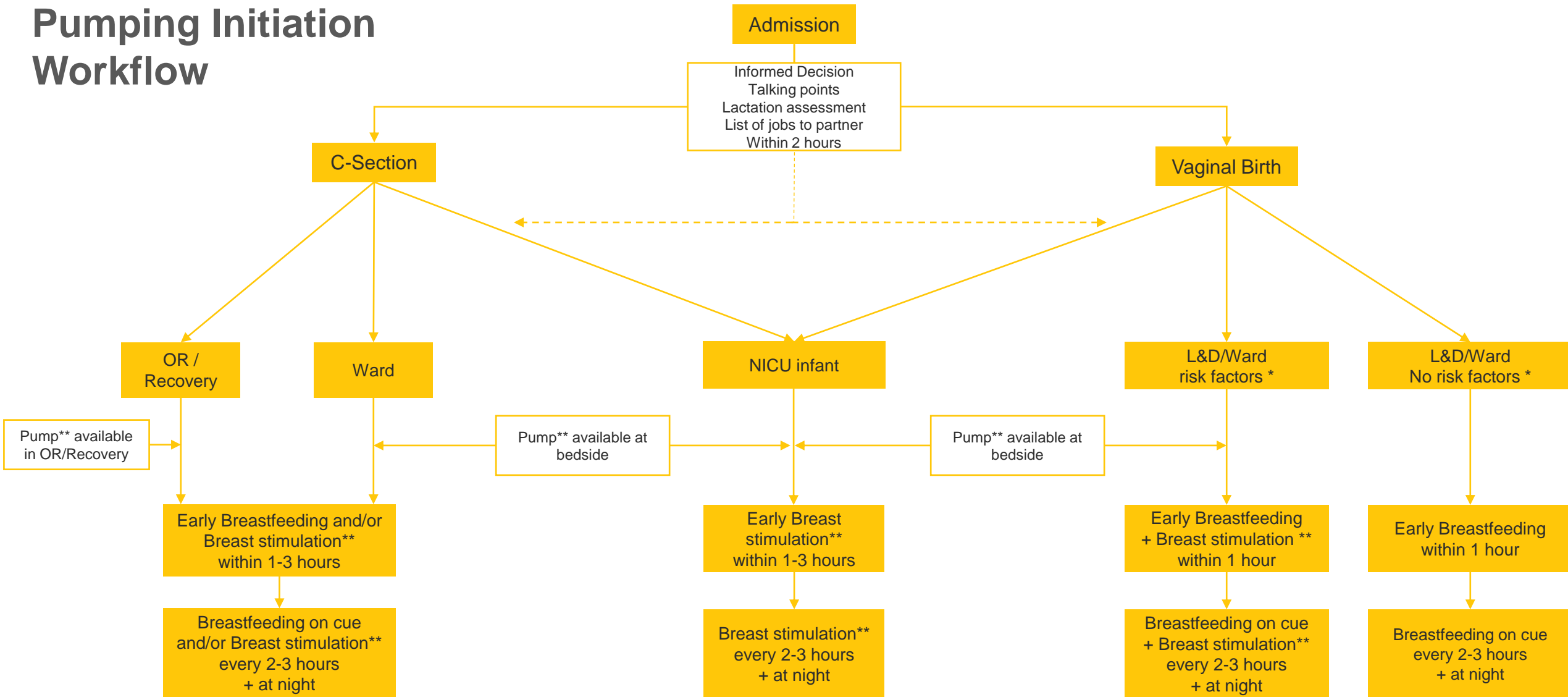


# Breastfeeding | Pumping Initiation Workflow



\* Lactation risk factors: Mother-infant separation, first time mom, overweight/obesity, diabetes, age over 30, PCOS, history of breast surgery, glandular hypoplasia, long/stressful labor, postpartum hemorrhage

\*\* Double pumping, ideally with Initiation Program for 15 minutes – Followed by Hand Expression of colostrum