

# NICU families shouldn't have to do it alone.

Canadian Premature Babies Foundation (CPBF) is supporting premature babies and their families across Canada. We are here for you every step of the way.

## Support

Free programs that connect you with other parents, peer mentors, and mental health resources

## Education

Resources to help you feel confident and empowered to advocate and care for your baby

## Awareness

Giving a voice to premature babies and families

## Research

Working with researchers for better care and experiences

Visit us at [canadianpreemies.org](https://canadianpreemies.org) for more resources and programs focused on preemie babies and their families.

We are a parent led, charitable organization providing education, support and advocacy for premature babies and their families.

*Approximately 30,000 babies are born prematurely every year in Canada.*

We continue to build on our momentum with peer support programs, resources for families and health care professionals, and research leading to improved outcomes and better experiences for babies and families.



    
@CanadianPreemies

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CPBF



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Babies Foundation

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